



GROUP FITNESS PARTICIPATION REQUIREMENTS:

*Participants (14 years and up) must pre-register for classes by visiting MAFC's website www.monroeaquaticsandfitnesscenter.com.

*Online registration opens at 7am for the classes on the following day.

*Registration for each class will CLOSE 30 minutes prior to class entry time or when maximum capacity has been reached.

*Please do not enter a class before permitted by instructor - please follow arrows to enter/exit.

*Due to limited class sizes, please do not register for the same class type in one day.

*No shows may be subject to penalty.

*Participants are encouraged to use the restroom prior to entering class.

*Participants must clean all equipment before and after use - please note times on schedule.

*To practice social-distancing, participants will choose a square to stay in during class.

*Participants must bring their own water bottles, towels and yoga mats.

*Participants are encouraged to wear a face covering, unless it is a breathing/safety issue.

*An instructor substitution may alter a class type.