



Covid-19
ATHLETIC FIELD USAGE GUIDELINES

These guidelines have been developed based on the recommendations of the North Carolina Department of Health and Human Services Interim Guidance for Administrators and Participants of Youth, College and Amateur Sports Programs.

General Program Information

1. Hours of Operation
 - a. Please refer to the City of Monroe Parks and Recreation website or program guide for field availability and contact information.
2. Equipment and personal items should not be shared. Belongings should only be used by the individual owner. Examples include water bottles, gloves, and hats/helmets.
 - a. Players are highly encouraged to bring his/her own equipment labeled with his/her name.
3. Players are not allowed to handle training equipment (bags, cones, ladders, pennies etc.).
4. Reservations and specific activities are limited to availability of fields and the ability to provide proper social distancing.
5. Each youth sports team may have up to 25 individuals participate in outdoor sports practice, which includes athletes, coaches, trainers and other support staff per field. Spectators or other attendees at outdoor sports practices, provided they are separated from the outdoor field by at least 6 feet, are subject to a separate 25-person cap per field.
6. Any alterations to group sizes will be governed by revised restrictions for mass gathering capacities.
7. Sanitation and equipment cleanings should follow guidelines and recommendations set by CDC and the NCDHH.

Limitation of Sports Activities

The Department of Health and Human Services recommends limiting sports activities to those in which participants can maintain social distancing, or close contact is limited and brief. Examples of activities where social distancing CAN be achieved include golf, baseball, softball, cycling, swimming, diving, dance, tennis, disc golf, horseback riding, track and field, running and pickleball.

The Department of Health and Human Services DOES NOT recommend sports activities for which participants cannot maintain social distancing and close contact is frequent and/or prolonged. For these sports, it is recommended that activities are limited to athletic conditioning, drills and practices in which dummy players, sleds, punching bags and similar equipment are used but athletes are not playing the actual sport, itself. These activities can allow athletes to condition and prepare for sports if and when they are played in the future. Examples include football, competitive cheer, lacrosse, basketball, soccer, wrestling, rugby, and hockey.

Facility Set-Up

1. Each youth sports team may have up to 25 individuals participate in outdoor sports practice, which includes athletes, coaches, trainers and other support staff per field.

Spectators or other attendees at outdoor sports practices, provided they are separated from the outdoor field by at least 6 feet, are subject to a separate 25-person cap per field.

2. Hand sanitizer should be made available to participants and provided by coaches.
3. Restroom Doors prop open for use.
4. Spectators must adhere to 6-foot social distancing practices. Spectators must bring personal chairs. Bleachers will not be made available.
5. Spectators are NOT allowed to enter player areas (on the field of play or bench areas).
6. Before and after each camp/clinic/program or activity, equipment should be cleaned and disinfected (including balls).
7. All skill and drill activities must be adapted to provide appropriate social distancing.

Personal Hygiene Protocols

PPE Recommendations

1. It is required that athletes and coaches wear a cloth face covering when NOT actively engaged in physical activity or when they may be near (within 6') other people.
2. Cloth face coverings should not be put on babies and children under the age of 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
3. Gloves should be worn when sanitizing and/or cleaning equipment. Gloves should be removed and properly disposed of after each usage.
4. Hands should be cleaned with soap and water or by hand sanitizer before and after escorting participant to and from the facility during drop off and pick up.

Handwashing Guidelines for Participants

Hand washing is the first line of defense to avoid the spread of germs. However, hand sanitizer will be made available to staff.

1. Participants must utilize restrooms to wash hands prior to and after any scheduled reservation.
2. Players must have hand sanitizer in their bags at all times. They should apply before and after every session and if possible, during any breaks.
3. Players will not be permitted to shake hands, high five, etc.

General Sanitation

A sanitizing solution as recommended by CDC will be mixed and provided by for sanitation.

1. Door handles, light switches, player benches, and other often touched areas and items will be sanitized with an approved sanitizing solution per CDC guidelines and recommendations.
2. If more than one group is utilizing a restroom, that group will be designated their own unisex restroom if feasible or available. If not available, groups will stagger restroom visits to allow for sanitation between groups.
3. Any other items not listed should be sanitized appropriately and based on need.
4. Sharing of equipment is strongly discouraged. Usage of individual equipment is preferred.
5. Encourage the usage of individual water bottles.

I have read, understand, and agree to follow ALL Athletic Field Rental Usage Guidelines and Recommended Guidelines of Sports Programs.

Signature of Dept. Representative/Date

Printed Name of Renter

Signature of Renter/Date