



# Youth Flag Football Information Sheet

## 1. Leagues Offered & Eligibility

- 5U (ages 4-5) | 7U (ages 6-7) | 9U (ages 8-9) | 12U (ages 10-12)

*\*Leagues and Age Divisions subject to change based on registration numbers*

## 2. How much will it cost to register my child?

City of Monroe Residents - \$35.00

Non-City Residents - \$70.00

Late Registration Fee - \$10.00

**Online Registration highly recommended.**

Cash, checks and credit/debit cards accepted. Please make checks payable to: City of Monroe

*\*Financial Assistance is available.*

## 3. When / where can I register?

Registration opens in May. Registration Deadline is June 30.

Online: [www.monroenc.org/departments/parks-recreation/athletics](http://www.monroenc.org/departments/parks-recreation/athletics)

Office: 500 W. Jefferson St. Monroe, NC 28110

*\*Monday-Friday, 8:00am-5:00pm*

## 4. What is included in the registration fee?

Team Shirt, maximum number of (2) practices per week and (6) regular season games.

## 5. What equipment will my child be using?

ALL players are required to wear athletic shoes or NON-metal cleats. Mouth Guards are **REQUIRED**.

All other equipment will be provided.

## 6. When is the parent meeting?

There will be a parent information session the 2<sup>nd</sup> Thursday in June. This meeting is highly recommended for new participants.

## 7. How to be a coach?

### **VOLUNTEER COACHES NEEDED!!!**

Potential coaches must be 18 years or older, fill out a coach's application, and pass a criminal background screening. Approved coaches must attend a mandatory coaches meeting (may be virtual or required to watch coach video) and will be given a photo ID badge. **Coaches are required to wear their ID badges at all practices and games when within 6 feet of instruction.** *Completion of paperwork does not guarantee a coaching position.*



## **8. Skills Assessment(s)**

NO skills assessment will take place this season. All players are assigned to a team at random; Coaches are guaranteed his/her child. Special requests can be made during the only registration process – see below **#15 Special Requests**.

## **9. When will I be contacted?**

Please allow volunteer coaches time to contact each participant before contacting our office. Players should receive an email, phone call or text message from a coach confirming practice days and times at least one (1) week before the first scheduled practice. However, please note this may not always be the case.

Tentative Start Date: (1) week after the 4<sup>th</sup> of July Holiday.

## **10. How many practices will my child have per week?**

Teams will receive two practices per week (lasting approximately 1 hour). Once games begin practices may be shortened to one practice per week at the coach's discretion or based on scheduling purposes.

## **11. When/where will games be played?**

### **Practice Field Location:**

**Parks Williams Athletic Complex** (2011 Ashton Ave. Monroe, NC 28110) – soccer fields

### **Game Schedules:** TBA

## **12. Team Pictures**

Team and individual picture opportunities will be available. Days, times, and location will be announced once scheduled.

## **13. Inclement Weather Hotline**

In the event of inclement weather, the weather hotline will be updated. The Parks and Recreation Department will make all weather related decisions for weeknight activities no later than 4:00pm. Any time Union County Public Schools (UCPS) cancels because of inclement weather, all practices and games scheduled for that day at all gyms will be cancelled. If school is cancelled on a Friday because of inclement weather, games scheduled for the following Saturday are also cancelled.

## **14. Scholarship Opportunities**

Sponsorship opportunities are available. Please contact Rae Moore at [rlmoore@monroenc.org](mailto:rlmoore@monroenc.org) for additional information.

## **15. Special Request**

Requesting a particular coach, teammate or practice night does not guarantee that request, but staff will do all they can to help grant a request or accommodate a conflict. Each request will be reviewed by the department on a case by case basis.