

City Of Monroe Parks & Recreation

Adult Basketball League (Ages 18+)

Official Rules & Regulations

1. Eligibility

- Participants must be 18 years of age or older.
- Valid id may be required.
- All players must be listed on the official roster.
- Maximum of 8 players per team.
- No roster changes after the season begins unless approved.

2. Registration Requirements

- Completed team registration form.
- Signed waiver & release of liability.
- Signed code of conduct.
- \$75.00 per person registration fee.
- Teams without completed paperwork will not be allowed to play.

3. League Format

- Up to 10 teams.
- 10 regular season games.
- Single-elimination playoffs.
- Final standings determine playoff seeding.
- League staff may adjust format if needed.

4. Game Format

- Two 20-minute halves.
- Running clock (clock stops in final 2 minutes of second half).
- Halftime: 3 minutes.
- First overtime is 1 minute; second overtime is sudden death (first team to score).

- Officials' decisions are final.

5. Forfeits & Game Time

- Teams must have at least 4 players to start.
- 10-minute grace period.
- Failure to meet requirements results in a forfeit.
- Two forfeits may result in league removal.

6. Substitutions

- Substitutions allowed during dead balls only.
- No substitutions during live play.
- Only rostered players may participate.

7. Uniforms & Equipment

- Teams must wear matching jerseys or shirts.
- Jerseys must have visible numbers.
- Athletic shoes only.
- No jewelry permitted.
- Unsafe equipment is prohibited.

8. Conduct & Sportsmanship

- Zero tolerance for unsportsmanlike behavior.
- No fighting, threats, or harassment.
- No excessive profanity or taunting.
- No alcohol, drugs, or intoxication.
- Fighting results in immediate ejection and suspension.

9. Disciplinary Action

- Technical fouls may be assessed.
- Ejections, suspensions, or removal from league may occur.
- No refunds for disciplinary action.
- All disciplinary actions will be reviewed and addressed by the League Supervisor, who will render the final decision

10. Team Responsibility

- Team captains are responsible for their team's behavior.
- Teams are responsible for damages caused by players or spectators.

11. Protests

- Judgment calls cannot be protested.
- Rule protests must be submitted in writing within 24 hours.
- League director's decision is final.

12. League Authority

- League reserves the right to modify rules.
- Address issues not covered.
- Adjust schedules or format for safety or fairness.

League Contact

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