



# FACILITY AGE POLICY

In order for members of all ages to have an enjoyable and safe experience at MAFC, we enforce the following guidelines:

***No child under the age of 14 may be “dropped off” at MAFC.  
A responsible adult, age 18 or older, must accompany the child and remain in the facility with them.***

## MAIN FACILITY & WATER PARK

Age 14...Main Building or Water Park without responsible adult

Age 13 & under...Responsible adult must accompany child at all times

Age 18...Adult area of locker room

## AQUATICS

Age 16...Steam Room, Sauna, & Whirlpool

Age 9 - 13...Responsible adult must be on the pool deck or in the pool

Age 8 & under...Responsible adult must directly accompany child in the pool

Age 18...Adult area of locker room

## RACQUETBALL COURTS

Age 16...May use racquetball courts

Age 14 - 15...May play before 5pm on weekdays and anytime on weekends

Age 13 & under...Must play with a responsible adult

## FITNESS ROOM

Age 9 & under...are not permitted in Fitness Room

Age 10 - 13... Must complete a teen orientation and work directly with a responsible adult at all times by sharing equipment using single rep increments

Age 14 - 15...Must complete a teen orientation and may workout without direct supervision

Must be 12+ years to be on a treadmill or stair master

Ages 10 - 11 years old hours: Monday - Wednesday: 8am - 5pm  
Thursday - Sunday: Anytime

## GROUP FITNESS CLASSES

Age 14...to participate in Group Fitness Classes

## WALKING TRACK

Age 12...May use track if responsible adult is in the main building

Age 6 - 11...Must use track with responsible adult

## BASKETBALL COURTS

Age 12...May use courts if responsible adult is in the main building

Age 11 & under...Must play with responsible adult



Parents/responsible adults are liable for their child's actions and behavior and are expected to be in a position to provide adequate supervision at all times. Unsafe or inappropriate behavior may result in the child being asked to leave the activity area or the facility.

***A responsible adult is someone age 18 and older who will provide parental supervision for a child.***